







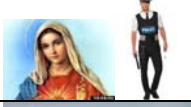













Mnemonics For US State Capitals

New England States	
	<p>Maine - Augusta Think of 'a gust of' (= Augusta) wind blowing a lion's mane (= Maine).</p>
	<p>Vermont - Montpelier Vermont means green mountain. Think of a peeler peeling at a green mountain.</p>
	<p>New Hampshire - Concord Think of 'new ham' (= New Hampshire) arriving on a Concorde jet.</p>
	<p>Massachusetts - Boston Think of a massive (= Massachusetts) button (= Boston).</p>
	<p>Connecticut - Hartford Think of a heart connected to a Ford car.</p>
	<p>Rhode Island - Providence Think of providing (= Providence) a road on an island (road + island = Rhode Island).</p>
Mid-Atlantic States	
	<p>New York - Albany Think of 'all bunnies' (= Albany) gathering around the Statue of Liberty in New York.</p>
	<p>Pennsylvania - Harrisburg Think of a pencil (= Pennsylvania) drawing a hairy burger (= Harrisburg).</p>
	<p>Maryland - Annapolis Think of Mary 'and a police' (= Annapolis).</p>
	<p>Delaware - Dover Think of the coast of Delaware ending like the white cliffs of Dover.</p>
	<p>New Jersey - Trenton Think of a 'trendy' new jersey.</p>
Southeastern States	
	<p>Virginia - Richmond Think of Elizabeth I, the Virgin Queen with a 'rich man' = Richmond.</p>
	<p>West Virginia - Charleston Elizabeth I, the Virgin Queen doing a dance called the Charleston.</p>
	<p>North Carolina - Raleigh Think of Christmas carollers having a rally.</p>
	<p>South Carolina - Columbia Think of Christmas carollers at the space shuttle Columbia.</p>
	<p>Mississippi - Jackson Think of Michael Jackson travelling down the Mississippi River.</p>

	Alabama - Montgomery Think of 'a banana' (= Alabama) in exchange for mango and money (= Montgomery).
	Georgia - Atlanta Think of King George I sailing across the Atlantic ocean (= Atlanta) from England to the United States.
	Florida - Tallahassee Think of people in Florida asking for a taller Hasee (= Tallahassee).
'MIMAL' the Chef	
	Minnesota - St. Paul Think of St Paul drinking a mini-soda (= Minnesota) after a tiring missionary trip.
	Iowa - Des Moines Think of 'I owe the coin.' I + owe = Iowa. The + coin = Des Moines.
	Missouri - Jefferson City Think of Thomas Jefferson (= Jefferson City) writing 'I miss you' (= Missouri) on the Declaration of Independence.
	Arkansas - Little Rock Think of Noah's Ark (= Arkansas) hitting a little rock.
	Louisiana - Baton Rouge Think of King Louis XIV using a baton to put rouge on his cheeks (baton + rouge = Baton rouge).
	Kentucky - Frankfort Think of Kentucky fried chicken being served with Frankfurters.
	Tennessee - Nashville Think of John Nash (= Nashville) singing the Tennessee waltz.
Great Plains States	
	North Dakota - Bismarck Think of Otto von Bismarck (= Bismarck) wearing the coat (= Dakota) to the North Pole. The capital was named in honour of Otto von Bismarck to attract German investment.
	South Dakota - Pierre Think of wearing the coat (= Dakota) to the South Pole and hanging it on a pier (= Pierre).
	Nebraska - Lincoln Think of a brass (= Nebraska) statue of Abraham Lincoln.
	Kansas - Topeka Think of a can (= Kansas) of tropical (= Topeka) fruit juice.
	Oklahoma - Oklahoma City Think of Oklahoma City bombing.
	Texas - Austin Think of an Austin car being used as a taxi (= Texas).
Great Lakes States	
	Michigan - Lansing Think of landing (= Lansing) next to Lake Michigan.

 	<p>Wisconsin - Madison Think of the Westcon (= Wisconsin) company selling medicine (= Madison).</p>
 	<p>Illinois - Springfield Think of ill noise (= Illinois) made by a field of springs (= Springfield) bouncing up and down.</p>
	<p>Indiana - Indianapolis Think of an Indian police (= Indianapolis).</p>
 	<p>Ohio - Columbus Think of Christopher Columbus saying 'Ohayo!'.</p>
<p>Rocky Mountain States</p>	
	<p>Montana - Helena Think of Hannah (= Helena) Montana.</p>
	<p>Idaho - Boise Think of boys (= Boise) playing with an idle hoe (= Idaho).</p>
	<p>Wyoming - Cheyenne Shy Anne (= Cheyenne) faced the double whammy (= Wyoming) of being a girl and being shy.</p>
	<p>Utah - Salt Lake City Think of a Salt Lake in the middle of the desert in Utah.</p>
 	<p>Colorado - Denver Think of John Denver singing from a Colour Radio (= Colorado). John Denver adopted his surname from the capital of his favourite state, Colorado.</p>
	<p>New Mexico - Santa Fe Think of Santa Claus (= Santa Fe) wearing a new Mexican (= New Mexico) hat.</p>
 	<p>Arizona - Phoenix Think of a Phoenix flying out of Arizona's Grand Canyon.</p>
 	<p>Nevada - Carson City Think of a car driven by a son (car + son = Carson) out of Las Vegas (= Nevada).</p>
<p>Pacific States</p>	
 	<p>California - Sacramento Think of a cauliflower (= California) with a sacred mentos (= Sacramento) inside.</p>
 	<p>Oregon - Salem Think of a music organ (= Oregon) during the Salem Witch Trials.</p>
 	<p>Washington - Olympia Think of George Washington running in the Olympics (= Olympia).</p>
 	<p>Alaska - Juneau Think of an Eskimo (= Alaska) who likes the summer month of June (= Juneau).</p>
 	<p>Hawaii - Honolulu Picture a gigantic Hawaiian pineapple named Honey Lulu.</p>

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